

# Resource Guide 2026



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Providing Exceptional Services, Promoting  
Healthy Communities



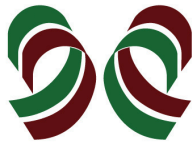
720-643-2400



[CH@douglasco.gov](mailto:CH@douglasco.gov)



11045 E. Lansing Cir. Ste 300  
Englewood, CO 80112



# DOUGLAS COUNTY

## HEALTH DEPARTMENT COLORADO

### **Mission**

We provide education and evidence-based services to improve health in Douglas County.

### **Vision**

Douglas County residents have access to opportunities for achieving their healthiest possible lives.

### **Values**

1. Collaboration – We partner to achieve shared goals.
2. Education – We provide accurate, reliable data and information.
3. Inclusiveness – We value our communities’ diverse perspectives and experiences.
4. Professionalism – We provide the highest quality public health services.
5. Responsiveness – We strive to meet and adapt to our communities’ evolving needs in a timely manner.
6. Transparency – We are open and honest with one another, our partners, and our communities.

11045 E. Lansing Cir. Suite 300, Englewood, CO 80112  
720-643-2400 [douglasco.gov/health-department](http://douglasco.gov/health-department)

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## LEGEND



Eligibility based on household size and income



You do not have to be a U.S. Citizen to qualify

Douglas County Health Department does not hold responsibility for the outcomes of any services provided by the agencies listed in the resource guide.

# AGING RESOURCES

<b>Aging Resources of Douglas County</b> <a href="http://agingresourcesdougco.org">agingresourcesdougco.org</a>	<b>303.814.4300</b>
<b>Angel Sense Program</b> This program is for people of all ages who wander and get lost. The client wears a GPS-style device. Loved ones can track the device through an app on their smartphones for a quick and speedy recovery. <a href="http://dcsheriff.net/community/angelsense/">dcsheriff.net/community/angelsense/</a>	<b>303.660.7544</b>
<b>Castle Rock Senior Activity Center</b> <a href="http://castlerockseniorcenter.org">castlerockseniorcenter.org</a>	<b>303.688.9498</b>
<b>Colorado Visiting Nurse Association</b> <a href="http://vnacolorado.org/capable/">vnacolorado.org/capable/</a>	<b>303.698.2121</b>
<b>Douglas Senior Safe Programs</b> Is designed to help isolated or lonely older adults get reintroduced to our great community including phones, neighborhood and house watch, and medic alert. <a href="http://dcsheriff.net/community/senior-safe/senior-safe-programs/">dcsheriff.net/community/senior-safe/senior-safe-programs/</a>	
<b>Highlands Ranch Senior Center</b> Active Adult Programs & Services <a href="http://highlandsranch.org/seniorcenter">highlandsranch.org/seniorcenter</a>	<b>303.791.2416</b>
<b>Home Well Care Services</b> <a href="http://homewellcares.com/in-home-care-co-englewood-co1674/">homewellcares.com/in-home-care-co-englewood-co1674/</a>	<b>303.487.5471</b>
<b>Parker Senior Center</b> <a href="http://parkerseniorcenter.org">parkerseniorcenter.org</a>	<b>303.841.5370</b>
<b>To The Rescue</b> <a href="http://totherescue.net/">totherescue.net/</a> 10270 S. Progress Way, Parker, CO 80104	<b>720.851.2100</b>
<b>Visiting Angels</b> <a href="http://visitingangels.com">visitingangels.com</a>	<b>877.618.4748</b> <b>720.981.0804</b>



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# CHILD ASSESSMENT

<b>Child Find</b> <a href="http://cde.state.co.us/early/childfind">cde.state.co.us/early/childfind</a>	<b>720.433.0020</b>
<b>Colorado Childcare Assistance Program (CCCAP)</b> <a href="mailto:cccrap@douglasco.gov">cccrap@douglasco.gov</a>	<b>303.688.4825</b>
<b>Colorado Shines   Assistance Finding Childcare</b> <a href="http://coloradoshines.com">coloradoshines.com</a>	<b>877.338.2273</b>
<b>Developmental Pathways</b> <a href="http://dpcolo.org">dpcolo.org</a>	<b>303.858.2255</b>
<b>Douglas County Child Care Association Childcare Referrals</b> Castle Rock Highlands Ranch Parker/Elizabeth	<b>303.660.5584</b> <a href="mailto:highlandsranchreferrals@gmail.com">highlandsranchreferrals@gmail.com</a> <b>303.805.0824</b>
<b>Douglas County Early Childhood Council</b> <a href="http://dcearlychildhood.org">dcearlychildhood.org</a>	
<b>Early Intervention Colorado</b> <a href="http://dcfs.my.salesforce-sites.com/eicolorado">dcfs.my.salesforce-sites.com/eicolorado</a>	<b>888.777.4041</b>
<b>Universal Preschool Colorado</b> <a href="mailto:preschool@dcsdk12.org">preschool@dcsdk12.org</a> <a href="http://cdec.colorado.gov/universal-preschool-colorado">cdec.colorado.gov/universal-preschool-colorado</a>	



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# CHILD SAFETY

<b>Car Seat Checks Castle Rock</b> <a href="http://crgov.com/1880/Car-Seat-Safety">crgov.com/1880/Car-Seat-Safety</a> Station 151 / Fire Headquarters 300 Perry St., Castle Rock, CO 80104	<b>303.660.1066</b>
<b>Car Seat Checks South Metro Fire Rescue</b> Schedule a Car Seat Inspection <a href="http://southmetrofoundation.org/car-seat-inspections/">southmetrofoundation.org/car-seat-inspections/</a>	<b>303.805.0228</b>
<b>Children's Hospital Colorado</b> Safety Store <a href="http://childrenscolorado.org/locations/anschutz-medical-campus-aurora/safety-store/">childrenscolorado.org/locations/anschutz-medical-campus-aurora/safety-store/</a>	<b>720.777.3185</b>
<b>Poison Center Helpline</b> <a href="http://copoisoncenter.org">copoisoncenter.org</a>	<b>1.800.222.1222</b>

# COMMUNITY RESOURCES

<b>Catholic Charities</b> <a href="http://ccsoco.org">ccsoco.org</a>	<b>720.215.4521</b>
<b>DC Cares</b> <a href="http://douglasco.gov/community-services/services/self-sufficiency/self-sufficiency-dc-cares/">douglasco.gov/community-services/services/self-sufficiency/self-sufficiency-dc-cares/</a>	
<b>Douglas County Libraries</b> <a href="http://dcl.org">dcl.org</a>	<b>303.791.7323</b>
<b>Family Center of Douglas County</b> <a href="http://familycenterdougco.org/">familycenterdougco.org/</a>	<b>303.688.4825</b>
<b>Manna Resource Center</b> <a href="http://mannaresourcecenter.org">mannaresourcecenter.org</a>	<b>720.515.8814</b>



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# COMMUNITY RESOURCES CONT.

**United Way**  
[unitedwaydenver.org](http://unitedwaydenver.org)

211 or 303.561.2111

## DOUGLAS COUNTY HUMAN SERVICES

Childcare, child support, employment, energy, food assistance, medical, mental health, older adult, veteran, person with disability, adult and child protection, and transit resources. **303.660.7400 or 303.688.4825**  
[douglasco.gov/human-services/](http://douglasco.gov/human-services/)



## DOUGLAS COUNTY SCHOOL DISTRICT

**Douglas County School District**  
[dcsdk12.org](http://dcsdk12.org)

**303.387.0100**

Parent resources, enrollment, school directories, transportation & meals, health, wellness and prevention.

**Douglas County School District Family Education Resources**

Assessments, curriculum, dyslexia information, instruction, literacy interventions.  
[dcsdk12.org/about/departments](http://dcsdk12.org/about/departments)

**Douglas County School District Homeless Education**

**303.387.0142**

**McKinney-Vento Services**

[dcsdk12.org/about/departments/health-wellness-and-prevention/homeless-studentsmckinney-vento-services](http://dcsdk12.org/about/departments/health-wellness-and-prevention/homeless-studentsmckinney-vento-services)

**Douglas County School District Nursing Services**

**303.387.0260**

Helps students manage immunization compliance, in-school medications, and health conditions.



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# DOUGLAS COUNTY SCHOOL DISTRICT CONT.

Douglas County School District School-Based Cultural Liaison

[liaisonsusergroup@dcsdk12.org](mailto:liaisonsusergroup@dcsdk12.org)

303.387.0191

## DOMESTIC VIOLENCE & ABUSE

Colorado Child Abuse and Neglect Hotline

844.CO.4.KIDS

844.264.5437

Ember Center (formerly The Crisis Center)

24-Hour Crisis Hotline

[thecrisiscenter.org](http://thecrisiscenter.org)

303.688.8484

1.888.247.7472

Find a Shelter or Program Near You

[domesticshelters.org](http://domesticshelters.org)

National Domestic Violence Hotline

800.799.7233

National Teen Dating Abuse Hotline

[youth.gov/federal-links/national-teen-dating-abuse-helpline](http://youth.gov/federal-links/national-teen-dating-abuse-helpline)

866.331.9474

TESSA

24/7 SafeLine

[tessacs.org](http://tessacs.org)

303.535.3917

The Blue Bench

[thebluebench.org](http://thebluebench.org)

24-Hour sexual assault hotline

Línea de servicio en español

303.329.9922 ext. 302

303.329.9922 ext. 338

303.322.7273



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# FOOD ASSISTANCE

<b>Backpack Society</b> <a href="http://backpacksociety.org">backpacksociety.org</a> 213 W. County Line Road, Highlands Ranch, CO 80129	<b>720.583.2224</b>
<b>Calvary Castle Rock</b> <a href="http://calvarycr.com">calvarycr.com</a> 1480 Canyon Dr., Castle Rock, CO 80104	<b>303.663.2514</b>
<b>Help &amp; Hope Center</b> <a href="http://helpandhopecenter.org">helpandhopecenter.org</a> 1638 Park St., Castle Rock, CO 80109	<b>303.688.1114</b>
<b>Integrated Family Community Services</b> <a href="http://fcs.org">fcs.org</a> 370 S. Irving St., Englewood, CO 80110	<b>303.789.0501</b>
<b>Manna Care</b> <a href="http://mannaresourcecenter.org/">mannaresourcecenter.org/</a> 3900 Grace Blvd., Highlands Ranch, CO 80126	<b>303.791.4500 Ext. 8340</b>
<b>Parker Task Force</b> <a href="http://parkertaskforce.org">parkertaskforce.org</a> Long Way, Parker, CO 80134	<b>303.841.3460</b>
<b>SECOR Cares</b> <a href="http://secorcares.com">secorcares.com</a> 17151 Pine Ln., Parker, CO 80134	<b>720.842.5621</b>
<b>Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)</b> <a href="mailto:WIC@douglasco.gov">WIC@douglasco.gov</a> <a href="http://douglasco.gov/health-department/community-health/wic">douglasco.gov/health-department/community-health/wic</a>	<b>720.643.2401</b>



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# FOOD ASSISTANCE CONT.

## St. Elizabeth's Pantry

[paxchristi.org](http://paxchristi.org)

5716 McArthur Ranch Rd., Highlands Ranch, CO 80124

303.799.1036

## St. Vincent de Paul Society

[svdpcr.org](http://svdpcr.org)

2746 5th St., Castle Rock, CO 80104

303.847.2606

## Supplemental Nutrition Assistance Program (SNAP)

A federal nutrition program that helps stretch your food budget and buy healthy food.

[peak.my.site.com/peak/s/peak-landing-page?language=en\\_US](http://peak.my.site.com/peak/s/peak-landing-page?language=en_US)

303.688.4825



## The ROCK Food Bank

[therock.org/foodbank](http://therock.org/foodbank)

4881 Cherokee Dr. Castle Rock, CO 80109

303.688.0777

# HEALTH INSURANCE COVERAGE

## Connect for Health Colorado

[connectforhealthco.com](http://connectforhealthco.com)

Purchase health insurance; get financial help to reduce costs.

## Doctors Care

[doctorscare.org/health-insurance](http://doctorscare.org/health-insurance)



720.458.6185

## Health First Colorado: Colorado's Medicaid Program

[healthfirstcolorado.com](http://healthfirstcolorado.com)

303.866.2993



## OmniSalud

[connectforhealthco.com/get-started/omnisalud/](http://connectforhealthco.com/get-started/omnisalud/)



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# HEALTH INSURANCE COVERAGE CONT.

## Other Ways to Apply:

**Colorado PEAK**

[colorado.gov/peak](http://colorado.gov/peak)

800.221.3943

**Douglas County Human Services**

[douglasco.gov/human-services/](http://douglasco.gov/human-services/)

303.688.4825

## HOSPITALS

**AdventHealth Castle Rock**

[adventhealth.com/hospital/adventhealth-castle-rock](http://adventhealth.com/hospital/adventhealth-castle-rock)

720.455.5000

**AdventHealth Parker**

[adventhealth.com/hospital/adventhealth-parker](http://adventhealth.com/hospital/adventhealth-parker)

303.269.4000

**Children's Hospital Colorado, South Campus**

[childrenscolorado.org/locations/south-campus-highlands-ranch/](http://childrenscolorado.org/locations/south-campus-highlands-ranch/)

720.478.1234

**HCA HealthONE Sky Ridge**

[healthonecares.com/locations/sky-ridge](http://healthonecares.com/locations/sky-ridge)

720.225.1000

**UCHealth Highlands Ranch Hospital**

[uchealth.org/locations/uchealth-highlands-ranch-hospital/](http://uchealth.org/locations/uchealth-highlands-ranch-hospital/)

720.516.1000

## HOUSING

**Colorado Division of Housing**



303.864.7810/ 720.775.5170

**Colorado Housing and Finance Authority**

[chfainfo.com](http://chfainfo.com)

800.877.2432

**Colorado Housing Search**

[coloradohousingsearch.com](http://coloradohousingsearch.com)

303.864.7810

**DC Cares Self-Sufficiency Program**

303.814.4317

**Denver Housing Authority**



720.932.3030



Eligibility based on household size and income



Section 8 Resources



You do not have to be a U.S. Citizen to qualify

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## HOUSING CONT.

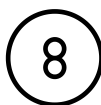
<b>Denver Metro Fair Housing Center</b> <a href="http://dmfhc.org">dmfhc.org</a>	720.279.4291
<b>Douglas County Housing Partnership</b> <a href="http://douglascounthousingpartnership.org">douglascounthousingpartnership.org</a>	303.784.7856
<b>Douglas County School District Homeless Liaison</b> <a href="mailto:homelessliaison@dcsdk12.org">homelessliaison@dcsdk12.org</a>	303.387.0142
<b>Douglas County Veterans Affairs</b>	303.663.6200
<b>Family Tree</b> <a href="http://thefamilytree.org">thefamilytree.org</a>	303.467.2604
<b>Homeless Engagement, Assistance and Resources Team (HEART)</b> <a href="http://douglasco.gov/homeless-initiative/heart/">douglasco.gov/homeless-initiative/heart/</a>	⑧ 303.660.7301
<b>Housing Choice Voucher</b> <a href="http://hud.gov/program_offices/public_indian_housing/pha/contacts">hud.gov/program_offices/public_indian_housing/pha/contacts</a>	
<b>South Metro Housing Options</b>	⑧ 303.794.9608

## IMMIGRANTS RIGHTS

<b>ACLU</b> <a href="http://aclu.org/issues/immigrants-rights">aclu.org/issues/immigrants-rights</a>	303.777.5482
<b>Immigrant Defense Project</b> <a href="http://immigrantdefenseproject.org">immigrantdefenseproject.org</a>	
<b>Littleton Immigrant Resources Center</b> <a href="http://library.littletonco.gov/Services/Littleton-Immigrant-Resources-Center">library.littletonco.gov/Services/Littleton-Immigrant-Resources-Center</a>	303.795.3968



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Section 8 Resources



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# IMMUNIZATION SERVICES

## Arapahoe County Immunizations

303.734.5445

[arapahoeco.gov/your\\_county/county\\_departments/public\\_health\\_department/community\\_health/immunizations.php](http://arapahoeco.gov/your_county/county_departments/public_health_department/community_health/immunizations.php)

## Colorado Free or Low-Cost Vaccine Map

[cdphe.colorado.gov/find-free-vaccine-provider](http://cdphe.colorado.gov/find-free-vaccine-provider)

## King Soopers

[kingsoopers.com/health/clinic/vaccinations](http://kingsoopers.com/health/clinic/vaccinations)

## Safeway

[safeway.com/pharmacy.html](http://safeway.com/pharmacy.html)

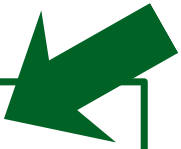
## The Little Clinic

[kingsoopers.com/health/clinic/vaccinations](http://kingsoopers.com/health/clinic/vaccinations)

## Walgreens

[walgreens.com](http://walgreens.com)

Or call your nearest Walgreens pharmacy



Check out our website for Douglas County vaccination clinics [douglasco.gov/health-department/](http://douglasco.gov/health-department/) or email [CH@douglasco.gov](mailto:CH@douglasco.gov)

# IMMUNIZATION SERVICES FOR TRAVELING

## Passport Health

720.792.5102

[passporthealthusa.com/locations/co/parker/909/](http://passporthealthusa.com/locations/co/parker/909/)

## The Little Clinic

[kingsoopers.com/health/clinic/vaccinations](http://kingsoopers.com/health/clinic/vaccinations)

## Walgreens

[walgreens.com](http://walgreens.com)

Or call your nearest Walgreens pharmacy

# LEGAL

## Colorado Department of Local Affairs

[cdola.colorado.gov](http://cdola.colorado.gov)



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## LEGAL CONT.

<b>Colorado Legal Services</b>	<b>303.837.1321</b>
<b>Colorado State Public Defenders - Douglas County</b>	<b>303.688.3081</b>
<b>Legal Assistance for Evictions</b> <a href="http://cdola.colorado.gov/residents">cdola.colorado.gov/residents</a>	
<b>Project Safeguard</b> <a href="http://psghelps.org">psghelps.org</a> <a href="mailto:info@psghelps.org">info@psghelps.org</a>	<b>720.618.3482</b>

## LOW-COST OR FREE MEDICAL CARE

<b>Doctors Care</b> *Must establish care; uninsured/Medicaid welcome. <a href="http://doctorscare.org">doctorscare.org</a>	<b>303.730.1313</b>
<b>Redwood Medical</b> <a href="http://redwood-medical.com">redwood-medical.com</a> 1001 S Perry St. #104B, Castle Rock, CO 80104	<b>720.485.3178</b>
<b>STRIDE Community Health Center</b> <a href="http://stridechc.org">stridechc.org</a>	<b>303.778.7433</b>
<b>Women's Wellness Connection (WWC)</b> Program provides access to free mammograms and pap smears to those who are eligible. Individuals can use the maps on the Colorado Department of Public Health and Environment website or call to find a location nearest to them. <a href="http://cdphe.colorado.gov/wwc">cdphe.colorado.gov/wwc</a>	<b>866.951.9355</b>

## MENTAL HEALTH RESOURCES

<b>988 Colorado Mental Health Line</b> Free, immediate, confidential, human support 24/7. Call for emotional, mental, or substance use concerns. Call or text 988 or visit <a href="http://988Colorado.com">988Colorado.com</a> to live chat.	<b>988</b>
<b>AllHealth Network</b> <a href="http://allhealthnetwork.org">allhealthnetwork.org</a>	<b>303.730.8858</b>



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# MENTAL HEALTH RESOURCES CONT.

<b>Colorado Crisis Services</b> <a href="http://coloradocrisisservices.org">coloradocrisisservices.org</a>	<b>1.844.493.8255</b>
<b>Denver Springs</b> <a href="http://denversprings.com/">denversprings.com/</a>	<b>720.643.4300</b>
<b>Douglas County Mental Health Division</b> <a href="http://douglasco.gov/mentalhealth/">douglasco.gov/mentalhealth/</a>	<b>303.814.4368</b>
<b>Ellie Mental Health</b> <a href="http://elliementalhealth.com/locations/highlands-ranch-co/">elliementalhealth.com/locations/highlands-ranch-co/</a>	<b>720.696.9460</b>
<b>Family Care Center</b> <a href="http://fccwellbeing.com">fccwellbeing.com</a>	<b>720.792.9490</b>
<b>Grief Resources</b> Douglas County Coroner's Officer <a href="http://douglasco.gov/county-coroner/grief-services/">douglasco.gov/county-coroner/grief-services/</a>	
<b>Healthy Expectations Perinatal Mental Health Program</b> <a href="mailto:healthyexpectations@childrenscolorado.org">healthyexpectations@childrenscolorado.org</a>	<b>303.724.1646</b>
<b>Highlands Behavioral Health System</b> <a href="http://highlandsbhs.com/">highlandsbhs.com/</a> 8565 South Poplar Way, Littleton, CO 80130	<b>720.348.2800</b>
<b>IMatter Program</b> <a href="http://imattercolorado.org">imattercolorado.org</a> *Up to 6 free counseling sessions for any Colorado youth	<b>1.844.493.8255</b> Text TALK TO 38255
<b>Maternal Mental Health Hotline</b>	<b>1.833.9.HELP4MOMS (1.833.943.5746)</b> <b>1.833.TLCMAMA (1.833.852.6262)</b>
<b>Men's Mental Health Resources</b> <ul style="list-style-type: none"><li>• Dads of Castle Rock - <a href="http://docrco.org">docrco.org</a></li><li>• Fathers of Special Needs Children <a href="http://21stcenturydads.org/about-the-special-fathers-network/">21stcenturydads.org/about-the-special-fathers-network/</a></li><li>• Man Therapy - <a href="http://mantherapy.org/">mantherapy.org/</a></li></ul>	



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# MENTAL HEALTH RESOURCES CONT.

## Men's Mental Health Resources Cont.

- **NAMI Arapahoe/Douglas Counties**  
Support group for fathers of adult children living with serious mental illness  
[namiadco.org/mental-health-support-groups/nami-family-support-group/](http://namiadco.org/mental-health-support-groups/nami-family-support-group/)
- **Project UNCivilized** - Douglas County based groups - [manuncivilized.com/](http://manuncivilized.com/)

## OwnPath

Behavioral health service navigation  
[ownpath.co](http://ownpath.co)

## Spark the Change Colorado

[sparkthechangecolorado.org/mentalhealth.html](http://sparkthechangecolorado.org/mentalhealth.html)

1.844.380.6355

## The Care Compact Partner Network

[thecarecompact@douglasco.gov](mailto:thecarecompact@douglasco.gov)

303.242.2492

# PREGNANCY & PARENTING

## Alternatives Pregnancy Center

[youhavealternatives.org](http://youhavealternatives.org)

Inverness Way East, Suite 101 B, Englewood, CO 80112

303.295.2288

## Black Mamas Circle Support Group

[childrenscolorado.org/globalassets/departments/mental-health/mental-health-for-new-moms/black-mamas-circle-2023-flyer.pdf](http://childrenscolorado.org/globalassets/departments/mental-health/mental-health-for-new-moms/black-mamas-circle-2023-flyer.pdf)

303.864.5252

## Colorado Childcare Assistance Program (CCAP)



303.814.7135

## Connections Program for High-Risk Infants and Families

[WBHW@cuanschutz.edu](mailto:WBHW@cuanschutz.edu)

303.724.1646

## Cub Clinic: Psychotherapy, psychological assessment

[psychology.du.edu/clinics/content/contact-us](http://psychology.du.edu/clinics/content/contact-us)

303.871.3626

## Cultural Cura-Belly (CCB) Bilingual (Spanish/English) Perinatal Mental Health Services

[lacocinahome.org/clinical](http://lacocinahome.org/clinical)

970.232.0740



Eligibility based on household size and income



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# PREGNANCY & PARENTING CONT.

**Family Center of Douglas County**  
3900 Grace Blvd., Highlands Ranch 80126  
[familycenterdougco.org/](http://familycenterdougco.org/)

720.633.5621

## **Healthy Families Partnership of Douglas County**

Maternal Child Health and Family Wellness Parenting Resources and Tools for Every Stage  
[yourhealthyfamily.org](http://yourhealthyfamily.org)

## **Nurse Family Partnership**

[nursefamilypartnership@arapahoegov.com](mailto:nursefamilypartnership@arapahoegov.com)

303.738.7820

## **Nurturing Newborns**

Offers respite care to families with infants and toddlers that were born prematurely, have delays, disabilities, or health issues from 0-3.  
[nurturingnewborns.com/](http://nurturingnewborns.com/)

720.252.4503

## **Parenting Classes at AdventHealth Castle Rock**

CRK.BirthConcierge@Adventhealth.com  
[adventhealth.com/hospital/adventhealth-castle-rock/events](http://adventhealth.com/hospital/adventhealth-castle-rock/events)

720.455.0355

## **Parents Thrive Colorado**

[parentsthive.org](http://parentsthive.org)

## **Postpartum Support International (PSI)**

CO PSI Chapter: [psichapters.com/co/](http://psichapters.com/co/)

1.800.944.4773

Text in English: 800.944.4773

Text en Español: 971.203.7773

## **Resources for NICU Parents**

- Love for Lily [loveforlily.org](http://loveforlily.org)
- Newborn Hope [newbornhope.org](http://newbornhope.org)
- UCH Connections Mother-Infant Group  
[WBHW@cuanschutz.edu](mailto:WBHW@cuanschutz.edu)

720.526.2556

720.724.1646

## **Resources for Perinatal Loss**

- Angel Eyes [angeleyes.org](http://angeleyes.org)
- Denver Share [denvershare.org](http://denvershare.org)

303.320.7771

720.316.9917

## **STRIDE Community Health Center**

[stridechc.org](http://stridechc.org)

303.778.7433



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## PREGNANCY & PARENTING CONT.

**Thriving Families/Mother Wise**  
[thrivingfamiliescolorado.org](http://thrivingfamiliescolorado.org)

720.504.4624

**Tough as a Mother**  
[toughasmother.org/find-help/](http://toughasmother.org/find-help/)

844.493.8255  
Text TALK to 38255

**You Are Not Alone**  
[yanamom.com](http://yanamom.com)

720.926.7122

## RESOURCE NAVIGATION & SELF-SUFFICIENCY

**Catholic Charities**  
[ccharitiescc.org](http://ccharitiescc.org)

720.215.4521

**Family Center of Douglas County**  
[familycenterdougco.org](http://familycenterdougco.org)  
Highlands Ranch

720.505.3689

**Manna Resource Center**  
[mannaresourcecenter.org](http://mannaresourcecenter.org)

720.515.8814

**United Way Help Center**  
[unitedwaydenver.org](http://unitedwaydenver.org)

211 or 303.561.2111

## RESOURCES FOR PERSONS WITH DISABILITIES

**Developmental Pathways**  
[dpcolo.org](http://dpcolo.org)  
14280 E. Jewell Ave., Suite A, Aurora, CO 80012

303.360.6600

**DMV Disability Services**  
[douglasco.gov/motorvehicle/disability-services/](http://douglasco.gov/motorvehicle/disability-services/)

**The ARC - Arapahoe, Douglas, Elbert**  
[arc-ad.org](http://arc-ad.org)

303.220.9228

**The Third Place for Kids**  
[thethirdplaceforkids.org/parker](http://thethirdplaceforkids.org/parker)

303.578.6331



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# SUBSTANCE USE/MISUSE RESOURCES

**Douglas County Health Department** 720-643-2400  
Narcan kits and fentanyl test strips available.  
email [ch@douglasco.gov](mailto:ch@douglasco.gov)

**[Findtreatment.gov](http://Findtreatment.gov)** 800.662.HELP (4357)

**Hard Beauty** 303.993.7030  
[hardbeauty.life/](http://hardbeauty.life/)

## Resources Tobacco/Nicotine/Vaping Cessation

- Baby & Me Tobacco Free [babyandmetobaccofree.org](http://babyandmetobaccofree.org)
- Colorado Quit Line [coquitline.org](http://coquitline.org) 1.800.QUIT.NOW  
1.800.784.8669
- My Life My Quit [co.mylifemyquit.org](http://co.mylifemyquit.org)
- [Smokefree.gov](http://Smokefree.gov)

# TRANSPORTATION

**Carepool** 1.833.268.2688  
[carepool.us/](http://carepool.us/)

**Douglas County Transit Services** 303.814.4374  
[douglasco.gov/community/transportation/](http://douglasco.gov/community/transportation/)

**Link on Demand: Highlands Ranch, Lone Tree & Parker  
(Castle Rock coming soon)** 719.212.2430  
[city.ridewithvia.com/linkondemand](http://city.ridewithvia.com/linkondemand)

**Non-Emergency Medical Transportation** 855.489.4999  
[transdevhealthsolutions.com/](http://transdevhealthsolutions.com/)



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# TRANSPORTATION CONT.

## RTD Access a Ride

303.299.2960

Regional Transportation District - RTD Denver  
[rtd-denver.com/](http://rtd-denver.com/)

## Way to Go - Commuter Services

[drcog.org/services-and-resources/way-go-commuter-services](http://drcog.org/services-and-resources/way-go-commuter-services)

# UTILITY ASSISTANCE

## Emergency/General Assistance

303.688.4825

[douglasco.gov/human-services/assistance/financial-assistance/emergency-general-assistance/](http://douglasco.gov/human-services/assistance/financial-assistance/emergency-general-assistance/)

## Help & Hope Center

303.688.1114

[helpandhopecenter.org](http://helpandhopecenter.org)  
1638 Park St., Castle Rock, CO 80109

## Low-Income Energy Assistance Program (LEAP)

[cdhs.colorado.gov/leap](http://cdhs.colorado.gov/leap)

1.866.HEAT.HELP  
(1.866.432.8435)



# VITAL RECORDS - DOUGLAS COUNTY HEALTH DEPARTMENT

## Available in person or online at:

720.643.2480

[douglasco.gov/health-department/vital-records/](http://douglasco.gov/health-department/vital-records/)  
11045 E. Lansing Cir. Ste. 300, Englewood, CO 80112  
[vitalrecords@douglasco.gov](mailto:vitalrecords@douglasco.gov)



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# WORKFORCE RESOURCES

## **ADWorks!**

[adworks.org](http://adworks.org)

**303.636.1160**

## **Workforce Centers:**

15400 E. 14th Place, Aurora, CO 80011

4500 Limelight Ave, Castle Rock, CO 8010

## **Arapahoe Community College**

[arapahoe.edu](http://arapahoe.edu)

**303.660.3160**

## **Connecting Colorado**

[connectingcolorado.com/](http://connectingcolorado.com/)

## **Douglas County Youth Employment Program**

[YouthEmploymentProgram@douglasco.gov](mailto:YouthEmploymentProgram@douglasco.gov)

## **Employment First**

[employmentfirstcolorado.org](http://employmentfirstcolorado.org)

**303.981.1236**

## **Workforce Centers**

[cdle.colorado.gov/jobs-training/workforce-centers](http://cdle.colorado.gov/jobs-training/workforce-centers)



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